

# Client Centered Approaches for Individual Contacts

## Dates, Times & Location

April 26, 2005  
September 27, 2005

8:30 am - 4:30 pm

WIC Training Center  
Olympia, Washington



For ALL nutrition educators, including certifiers, nutritionists, breast-feeding promotion coordinators, nurses, and clerk/certifiers who want to apply client centered approaches during individual contacts and to practice these new skills.

## **What staff have said about this training:**

- I have a new perspective about my job.
- Information was user friendly and specific to the needs of our clients.
- This was a very powerful training.
- I learned how to interview clients more efficiently and effectively.

CPE's available for RD's

## **Register now!**

robert.hunter@doh.wa.gov

or

360-236-3596



**Grow with WIC**

Join us for one day of ***focused training and practice***. Participants will:

- Learn how to assess stages of change and how to approach clients who are not ready to change.
- Recognize "resistance" and work past it.
- Identify and practice a variety of effective listening skills.
- Develop motivating statements to move clients toward change.
- Learn how to stay "client centered" during a brief WIC appointment.
- Return to the clinic with valuable tools for strengthening client centered counseling skills.

***Come ready to practice and learn!***